

# **Coaching skills**

#### Want to be a more effective leader? Learn to coach.

Being a good leader means knowing how to bring out your team members' best qualities. It also means continually supporting them in their growth. It takes a personal understanding of each team member's motivations, strengths and areas for improvement. In short—it takes coaching. Do you want to become the kind of leader who can inspire your team to give their best? This course is for you.







### Results

- Your team is more engaged and takes greater responsibility for success
- Your team members understand their strengths and areas for improvement
- Your team is thriving with greater cohesion and mutual trust

# Competences

In this training you will be working on the following competence(s):

- Coaching
- Conversational skills
- Listening
- People-oriented leadership

If you're ready to discover the possibilities of coachingbased leadership, this course is the ideal place to begin. With the self-knowledge and self-development you gain, you'll be equipped to inspire and motivate your team as never before. This course is available to any manager with at least a vocational training diploma or equivalent professional experience.

#### **Participants**

The maximum group size for the training course is 12 participants.

# **Course description**

#### What will you learn

Achieving success as a team is more than just hitting targets and managing performance. In today's high-stakes business world, it's easy to overlook the interpersonal dimension of leadership. As a leader, you have a unique opportunity to foster upcoming talent, impart your wisdom and create a thriving team culture. But it starts with a conscious choice on your part.

When you choose to lead through coaching, you choose to build a new kind of relationship with your team members. It is a relationship built on mutual trust and respect, as well as accountability and openness to feedback. The benefits of coaching-based leadership are well established. This course teaches you the skills you'll need to become an effective coach.

# **Program path**









Some of the topics covered include developing listening skills and learning to ask the right questions as a leader, quickly identifying different points of view and underlying issues within your team and coaching methods that focus on the ambitions and talents of your team members. Furthermore you will learn the right and wrong ways to give and receive feedback, learn to coach your team in times of change and understand the value of coaching as a leadership skill.

#### **Training method**

The Core program is a blended learning journey that forms the foundation for your skills. Relevant for professionals who are new to a skill and are ready for an in-depth learning experience. It is a 11-week program where you will receive ongoing support by a facilitator. During the 11 weeks you will get 1 day of group training, virtual peer coaching and online learning sessions.

#### Accreditation

Relevance Learning has been awarded as a gold accredited learning provider by LPI (Learning and Performance Institute). This badge is received for its commitment to high quality process improvement in the provision of learning, development and training services to clients.

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#### Certificate

On completion of the training course and subject to attendance and active participation, Relevance Learning will award a certificate. Our certificates are highly regarded in the business community.

# **Duration**

### **Training Days**

The Core program is a blended learning journey (in partnership with CrossKnowledge) that forms the foundation for your skills. Relevant for professionals who are new to a skill and are ready for an in-depth learning experience. It is a 11-week program where you will receive ongoing support by a facilitator. During the 11 weeks you will get 1 day of group training, virtual peer coaching and online learning sessions.

#### Face to face training set-up:

- Week 1 Welcome Kick-off session and 360 effect scan
- Week 2 Online Learning
- Week 3 Online Learning
- Week 4 Online Learning
- Week 5 Face-to-face training from 9:30 AM to 5:30 PM
- Week 6 Online Learning
- Week 7 Virtual Peer coaching
- Week 8 Online Learning
- Week 9 Online Learning
- Week 10 360 Effect Scan
- Week 11 Online toolkit, certificate and evaluation

#### Virtual training set-up:

- Week 1 Welcome Kick-off session and 360 effect scan
- Week 2 Online Learning
- Week 3 Online Learning
- Week 4 Virtual facilitator led training 1/2 day
- Week 5 Online Learning
- Week 6 Virtual facilitator led training 1/2 day
- Week 7 Online Learning
- Week 8 Virtual Peer coaching
- Week 9 Online Learning
- Week 10 360 Effect Scan
- Week 11 Online toolkit, certificate and evaluation







# Investment

#### **Training course**

The price of the training course is  $\in$  1.500,00 (excl. 21% VAT).

Do you pay the invoice yourself? Then you automatically get a beneficial advantage. No 21% VAT will be charged. The price will then be  $\in$  1.500,00.

#### **Facility costs**

The price for the use of the accommodation, coffee/tea and an extensive lunch buffet is  $\in$  95,00 (excl. VAT). You obviously do not pay any facility costs if you choose the online course in the 'virtual class'.

#### **Payment method**

You or your organization will receive a digital invoice from Competence Training Institute – a Schouten & Nelissen company, which can be paid via bank transfer. Or use the payment link in the email for an internet or credit card payment (Mastercard or Visa). Please ensure that payment is made within 30 days of the invoice date and at the latest before the first day of class.

# **Terms & Conditions**

Our current terms and conditions are displayed at <u>www.competence.org/terms-conditions</u>.

### **Current start and registration dates**

You can register for this training course at <u>www.competence.org/CPCS</u>. For questions or help with registration contact <u>info@competence.org</u> or call + 31 (0)418 682 938.

# **Additional information**

#### **Reserve your place**

You can book an optional seat in the training you prefer. This will be valid for two weeks. This assures you of participation even if you cannot decide now. Book your option on our website or call + 31 (0)418 682 938.

#### Incompany

Do you wish to do this training course together with colleagues? We also provide incompany training courses. We can develop training programs specially tailored to your organization's needs. For more information on tailormade and in-house programs: Call + 31 (0)418 682 938 and book a telephone consultation.

#### **Free consultation**

Unsure whether this training program fits your learning needs? Our program advisors will be pleased to support you in making the right choice. You can call them on + 31 (0)418 682 938 on working days between 8.00 AM and 5.30 PM.







# **About Competence & SUAS**

#### Your talent is the focus

SUAS and our international brand Competence are committed to talent. Whether it is your talent or that of your team or organization, we develop talent by means of training, coaching and consultancy. This way we can contribute to your personal success and the success of your organization.

#### **Continuous learning**

Our approach goes beyond classical training. Your learning is optimized by continuously working to achieve your own learning goals.

#### The best training, from the best trainers

At Competence & SUAS you are trained by the best trainers. Professionals, trained in behavioral science and with broad experience in group-dynamic processes. Our trainers develop your awareness of your own abilities and help you to develop new skills and behaviors. Their style is down-to-earth and direct, with a strong focus on practical applications. They are also always abreast of and utilize the latest insights in their field.

#### **Choose for quality**

Competence & SUAS stand for quality and permanent, positive results - since 1980. This has led to various recognitions and accreditations: Such as CEDEO, ISO 9001, ISO 27001 and NVAO. We are also a member of several industry associations such as NRTO.

#### **Training programs throughout Europe**

Competence & SUAS offer you training at more than 30 locations in Europe. Our locations have been selected on the basis of accessibility and quality. And, as many of our training courses start on a weekly or monthly basis, you can start working on your personal development immediately! Start dates and locations can be found on our website www.competence.org. Please contact us if the location or date that you want is not listed. We will schedule extra training programs in response to sufficient need.

## Contact

#### Competence

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# **Planned events**

Datum	Plaats
10-12-2024	VIRTUAL CLASS

Do you wish to register or if you would like moreinformation about the start dates? Call +31 (0)418 682 938.

Version: 18-10-2024



