

Critical thinking

Make clearer decisions based on the factors that really matter

Taking the right actions starts with making better choices. But how can you tune out distractions and get to the core of the issue? It takes critical thinking. The ability to think critically clarifies your decision-making process and keeps you focused on solving the challenge at hand. And like any skill, critical thinking requires training and practice to master. This course gets you started.







Results

- Your colleagues benefit from your clear thinking and decision-making
- Your colleagues see the logic behind your plans and actions
- Your colleagues are confident that your decisions are well-founded

Competences

In this training you will be working on the following competence(s):

- Flexibility/adaptability
- Initiative
- Self knowledge
- Self-development
- Self-direction

The skills and techniques presented in this course set you on a path towards stronger decision-making. This is a vital asset in today's uncertain world, whether you are solving problems at work or at home. The course is available for any individual performers or managers who are interested in bringing their critical skills to the next level.

Participants

The maximum group size for the training course is 12 participants.

Course description

What will you learn

Everybody's got an opinion. But not all opinions are created equally. To make effective decisions that solve problems, you'll need to move beyond opinions and emotions alone and apply critical thinking. When you think critically, you put all relevant factors into perspective and identify what's really at stake. As a result, you're better positioned to achieve your goals.

Critical thinking isn't about making robotic calculations and strictly following the numbers. It also incorporates human factors, which are extremely relevant to your plan's success. Yet being a critical thinker lets you take bolder actions and overcome short-sighted decision-making which may be motivated by fear or resistance to change. This course provides you with the tools you'll need.

Program path









Some of the topics covered in this course include gaining the confidence and self-empathy to think independently, mastering problematic emotions and getting out of "fight or flight" mode, and putting facts into perspective along with relevant opinions and feelings. You will also work with case studies and games to boost your critical thinking skills, identify and correct common misconceptions about critical thinking, and understand causality while predicting the impacts of your decisions. Additionally, the course will teach you how to leverage constructive feedback using critical thinking.

Training method

The Core program is a blended learning journey that forms the foundation for your skills. Relevant for professionals who are new to a skill and are ready for an in-depth learning experience. It is a 11-week program where you will receive ongoing support by a facilitator. During the 11 weeks you will get 1 day of group training, virtual peer coaching and online learning sessions.

Accreditation

Relevance Learning has been awarded as a gold accredited learning provider by LPI (Learning and Performance Institute). This badge is received for its commitment to high quality process improvement in the provision of learning, development and training services to clients.

Gold accredited learning provider by LPI

Relevance Learning is a Gold accredited learning provider issued by the Learning and Performance Institute (LPI), for its commitment to high quality process improvement in the provision of learning, development and training services to clients.

Certificate

On completion of the training course and subject to attendance and active participation, Relevance Learning will award a certificate. Our certificates are highly regarded in the business community.

Duration

Training Days

The Core program is a blended learning journey (in partnership with CrossKnowledge) that forms the foundation for your skills. Relevant for professionals who are new to a skill and are ready for an in-depth learning experience. It is a 11-week program where you will receive ongoing support by a facilitator. During the 11 weeks you will get 1 day of group training, virtual peer coaching and online learning sessions.

Face to face training set-up:

- Week 1 Welcome Kick-off session and 360 effect scan
- Week 2 Online Learning
- Week 3 Online Learning
- Week 4 Online Learning
- Week 5 Face-to-face training from 9:30 AM to 5:30 PM
- Week 6 Online Learning
- Week 7 Virtual Peer coaching
- Week 8 Online Learning
- Week 9 Online Learning
- Week 10 360 Effect Scan
 - Week 11 Online toolkit, certificate and evaluation

Virtual training set-up:

- Week 1 Welcome Kick-off session and 360 effect scan
- Week 2 Online Learning
- Week 3 Online Learning
- Week 4 Virtual facilitator led training 1/2 day
- Week 5 Online Learning
- Week 6 Virtual facilitator led training 1/2 day
- Week 7 Online Learning
- Week 8 Virtual Peer coaching
- Week 9 Online Learning
- Week 10 360 Effect Scan
- Week 11 Online toolkit, certificate and evaluation







Investment

Training course

The price of the training course is \le 1.500,00 (excl. 21% VAT).

Do you pay the invoice yourself? Then you automatically get a beneficial advantage. No 21% VAT will be charged. The price will then be \le 1,500,00.

Facility costs

The price for the use of the accommodation, coffee/tea and an extensive lunch buffet is \in 95,00 (excl. VAT). You obviously do not pay any facility costs if you choose the online course in the 'virtual class'.

Payment method

You or your organization will receive a digital invoice from Competence Training Institute – a Schouten & Nelissen company, which can be paid via bank transfer. Or use the payment link in the email for an internet or credit card payment (Mastercard or Visa). Please ensure that payment is made within 30 days of the invoice date and at the latest before the first day of class.

Terms & Conditions

Our current terms and conditions are displayed at www.competence.org/terms-conditions.

Current start and registration dates

You can register for this training course at www.competence.org/CPCT. For questions or help with registration contact info@competence.org or call + 31 (0)418 682 938.

Additional information

Reserve your place

You can book an optional seat in the training you prefer. This will be valid for two weeks. This assures you of participation even if you cannot decide now. Book your option on our website or call + 31 (0)418 682 938.

Incompany

Do you wish to do this training course together with colleagues? We also provide incompany training courses. We can develop training programs specially tailored to your organization's needs. For more information on tailormade and in-house programs: Call + 31 (0)418 682 938 and book a telephone consultation.

Free consultation

Unsure whether this training program fits your learning needs? Our program advisors will be pleased to support you in making the right choice. You can call them on + 31 (0)418 682 938 on working days between 8.00 AM and 5.30 PM.







About Competence & SUAS

Your talent is the focus

SUAS and our international brand Competence are committed to talent. Whether it is your talent or that of your team or organization, we develop talent by means of training, coaching and consultancy. This way we can contribute to your personal success and the success of your organization.

Continuous learning

Our approach goes beyond classical training. Your learning is optimized by continuously working to achieve your own learning goals.

The best training, from the best trainers

At Competence & SUAS you are trained by the best trainers. Professionals, trained in behavioral science and with broad experience in group-dynamic processes. Our trainers develop your awareness of your own abilities and help you to develop new skills and behaviors. Their style is down-to-earth and direct, with a strong focus on practical applications. They are also always abreast of and utilize the latest insights in their field.

Choose for quality

Competence & SUAS stand for quality and permanent, positive results - since 1980. This has led to various recognitions and accreditations: Such as CEDEO, ISO 9001, ISO 27001 and NVAO. We are also a member of several industry associations such as NRTO.

Training programs throughout Europe

Competence & SUAS offer you training at more than 30 locations in Europe. Our locations have been selected on the basis of accessibility and quality. And, as many of our training courses start on a weekly or monthly basis, you can start working on your personal development immediately! Start dates and locations can be found on our website www.competence.org. Please contact us if the location or date that you want is not listed. We will schedule extra

training programs in response to sufficient need.

Contact

Competence

Van Heemstraweg West 5 5301 PA ZALTBOMMEL

PO Box 266 5300 AG ZALTBOMMEL

T +31 (0)418 682 938
E <u>info@competence.org</u>
I www.competence.org







Planned events

Datum	Plaats
29-11-2024	VIRTUAL CLASS

Do you wish to register or if you would like moreinformation about the start dates? Call +31 (0)418 682 938.

Version: 22-10-2024



